

The Yummy

adelaidehills

food

Trail

Fabulous

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food

Trails

for Kids



www.adelaidehillsfood.com.au

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Discover mouth-watering delights on the Fabulous Adelaide Hills Food Trails.

Let the fresh air and far-reaching views of the clean and green Adelaide Hills stimulate your appetite for our locally produced...

Apples and pears
Artisan bread and cheese
Biscuits and cakes
Cherries and strawberries
Chocolate and sweets
Dips and marinades

German-style smallgoods
Herbs and honey
Jams and preserves
Olives and olive oil
Organic dairy and ice cream
Venison and beef

Tantalise

your tastebuds on three different trails. Start each trail wherever you wish or mix and match the trails to suit your day.

For some family fun take the children on the adventure-filled
Yummy Adelaide Hills Food Trail for Kids.

Show this brochure as you make a stop on The Yummy Adelaide Hills Food Trail for Kids and each child will receive complimentary tastings of delicious locally-produced foods and also get to meet the producers, discover where the food comes from and learn how it is made.

Grown-up foodies can also savour the region's unique flavours on the
Taste Adelaide Hills Food Trail, a self-guided tour that offers complimentary tastings of our excellent cheeses, olives and olive oil, preserves and fresh produce. Discover old and new favourites and stock up your pantry while you enjoy a leisurely drive through the beautiful Adelaide Hills countryside.

The **Experience Adelaide Hills Food Trail** gives you the opportunity to sit down and unwind over a meal or a platter specifically made from delicious regional produce. Your gourmet experience can be found at select fine restaurants, cosy cafes and inviting cellar doors.

Look out for the Cherry Growers of South Australia **The Cherry Map** (pick your own and shed door sales of fresh, ripe cherries from October to January). See www.cherriessa.com.au for details or pick up a copy of the The Cherry Map brochure from one of the Adelaide Hills Visitor Information Centres.

So bring the family, book a group or tailor-make your own trail – your day out in the Adelaide Hills will be an unforgettable feast for the senses!



For more great ideas on what to do and see and where to stay, pick up a copy of the latest Adelaide Hills Visitor Guide, visit an accredited Visitor Information Centre or visit www.visitadelaidehills.com.au

Adelaide Hills Visitor Information Centre

45 Main Street, Hahndorf
Tel: 1800 353 323
Email: vic@adelaidehillsinfo.asn.au
Open: daily Mon to Fri 9am-5pm
(9:30am-4:30pm Jun-Aug)
Sat, Sun and Public Holidays 10am-4pm
(closed Christmas Day and Good Friday)
Booking service available.

Mount Lofty Summit Visitor Information Centre

Mt Lofty Summit Road, Crafers
Tel: 08-8370 1054
Email: mtloftysummit@saugov.sa.gov.au
Open: Daily 9am-5pm
(closed Christmas Day)

South Australian Visitor & Travel Centre

18 King William Street, Adelaide
Tel: 1300 655 276
Email: informationandbookings@southaustralia.com
Web: www.southaustralia.com
Open: Daily Mon-Fri 8:30am-5pm.
Weekends and Public Holidays 9am-2pm
(closed Christmas Day)
Booking service available

PROUDLY SUPPORTED BY



Yummy

Adelaide Hills
Food Trail for Kids

ENJOY COMPLIMENTARY TASTINGS AT ...

1 Baylies of Strathalbyn

Unit 1, 4 Charles Street, Woodside.
Tel: 08-8389 9633
www.bayliesofstrathalbyn.com.au
Biscuits, cakes, confectionery, preserves
Open Weekdays 9am to 5pm.
Weekends by appointment

2 B.-d. Farm Paris Creek

Paris Creek Road, Paris Creek.
Tel: 08-8388 3339
www.bdfarmpariscreek.com.au
Biodynamic/organic yogurts, milks, quark,
butter and cheeses
Open weekends and public holidays,
10am to 4pm

3 Beerenberg Farm

Mount Barker Road, Hahndorf.
Tel: 08-8388 7272
www.beerenberg.com.au
Strawberries (November-April), jam
Open daily 9am to 5pm

4 Bird In Hand

Cnr Bird in Hand and Pfeiffer Roads,
Woodside.
Tel: 08-8389 9488
www.birdinhand.com.au
Olives and olive oil
Open weekdays 10am to 5pm. Weekends
and public holidays 11am to 5pm

5 Cocolat

83 Main Road, Balhannah.
Tel: 08-8388 4666
www.cocolat.com.au
Gelato or chocolate
Open Monday to Saturday 10am to 5pm.
Sunday 12pm to 4pm

• Fruit Wise

Tastings at Millies Bakery Cafe (*see below*)
Tel: 08-8389 5345
www.fruitwise.com.au
Fruit Wise 100% fruit straps

6 Heart of the Hills Market

Old Woollen Mills,
1 Lobethal Road, Lobethal.
Tel: 08-8389 5615
www.marketsatheart.com
Lobo varietal apple juices, Buzz Honey,
Foods from the Edge sauces at the
Harroughbys stall
Open Friday to Sunday and public holidays,
10am to 4pm



7 Johnston Cordials

18 Oakwood Road, Oakbank.
Tel: 08-8388 4263
www.johnston-oakbank.com.au
Traditional cordials
Open Weekdays only, 9am to 4pm. No
public holidays

8 Melbas Chocolates and Confectionery

22 Henry Street, Woodside.
Tel: 08-8389 7868
www.melbaschocolates.com
Chocolate and confectionery
Open seven days, 9am to 4.30pm.
Closed Christmas Day and Boxing Day

9 Millies Bakery Cafe

5 Gawler Street, Mount Barker.
Tel: 08-8398 3266
59 Main Street, Nairne
Tel: 08-8388 6260
Shop 5, Oak Plaza,
11 Mount Barker Road, Stirling
Tel: 08-8339 1159
www.milliesbakery.com.au
Bread, biscuits, cake, Fruit Wise
100% fruit straps
Open weekdays 7am to 5pm, Saturdays
8am to 4pm, Sundays 9am to 4pm

10 Nirvana Organic Produce

184 Longwood Road, Heathfield.
Tel: 08-8339 2519
nirvanaorganicfarm.blogspot.com
Biodynamic seasonal cool climate fruits,
nuts and berries and preserves
Daily 10am to 4pm. Closed Wednesdays

11 Woodside Cheese Wrights

Heritage Park, Henry Street, Woodside.
Tel: 08-8389 7877
www.woodsidecheese.com.au
Artisan cheeses
Open seven days, 10am to 4pm

*Groups of more than six children are required to book.

taste

The Adelaide Hills
Food Trail

ENJOY COMPLIMENTARY TASTINGS AT ...

1 Abbey Rock Wines

1 Onkaparinga Valley Road, Balhannah.
Tel: 08-8398 0192
www.abbeyrock.com.au
Milano olives and olive oil
Open daily 11am to 4.30pm, except
Christmas Day and Good Friday

2 Baylies of Strathalbyn

Unit 1, 4 Charles Street, Woodside.
Tel: 08-8389 9633
www.bayliesofstrathalbyn.com.au
Biscuits, cakes, confectionery, preserves
Open Weekdays 9am to 5pm. Weekends by
appointment

3 B.-d. Farm Paris Creek

Paris Creek Road, Paris Creek.
Tel: 08-8388 3339
www.bdfarmpariscreek.com.au
Biodynamic/organic yogurts, milks, quark,
butter and cheeses
Open weekends and public holidays,
10am to 4pm

4 Bird In Hand

Cnr Bird in Hand and Pfeiffer Roads,
Woodside.
Tel: 08-8389 9488
www.birdinhand.com.au
Olives and olive oil
Open weekdays 10am to 5pm. Weekends
and public holidays 11am to 5pm

5 Bremer Cafe

Bremer Cafe gourmet dips, pestos and
dukkahs
www.adelaidehillsfood.com.au
Tastings at Howard Vineyard (*see below*)
Tel: 08-8390 3236

6 Howard Vineyard

Lot 1, Bald Hills Road, Nairne.
Tel: 08-8188 0203
www.howardvineyard.com
Bremer Cafe gourmet dips, pestos and
dukkahs
Open weekdays 12-4pm (daylight saving
12-6pm), weekends 11am-5pm

7 In The Pickle

81 Main Street, Hahndorf. Tel 8188 1177
www.adelaidehillsfood.com.au
Locally produced pickles, mustards and
jams
Open Monday to Friday 12pm to 5pm and
weekends 10am to 5pm

8 Milano Olives

www.adelaidehillsfood.com.au
Table olives and extra virgin olive oil
Tastings at Abbey Rock Wines
Tel: 08-8289 4200

9 Nirvana Organic Produce

184 Longwood Road, Heathfield.
Tel: 08-8339 2519
nirvanaorganicfarm.blogspot.com
Biodynamic seasonal cool climate fruits,
nuts and berries and preserves
Daily 10am to 4pm. Closed Wednesdays

10 The Olive Grove and Lloyd Brothers Wines

94 Main Street, Hahndorf.
Tel: 08-8388 1188
www.theolivegrove.com.au
Adelaide Hills Kalamata olives and olive oil
Open Wednesday to Sunday 10am to 5pm
and public holidays

11 Udder Delights Cheese Cellar and Cafe

91A Main Street, Hahndorf.
Tel: 08-8388 1588
www.udderdelights.com.au
Artisan cheeses
Open daily 9am to 5.30pm

12 Woodside Cheese Wrights

Heritage Park, Henry Street, Woodside.
Tel: 08-8389 7877
www.woodsidecheese.com.au
Artisan cheeses
Open seven days, 10am to 4pm

*Groups of more than 10 adults must book with individual operators.

experience

The Adelaide Hills
Food Trail

RESTAURANTS

1 Petaluma's Bridgewater Mill

Mt Barker Road, Bridgewater.
Tel: 08-8339 9200
www.bridgewatermill.com.au
Award-winning restaurant
Open Thursday to Monday 12pm to 2.30pm
Lunch only. Bookings essential

2 Goulash Pot

2/42 Main Road, Hahndorf.
Tel: 08-8388 1366
European style meals using local produce
Breakfast Wednesday to Sunday from
8.30am. Dinner Friday and Saturday from
6pm

3 Grand Mercure Mount Lofty House

74 Mount Lofty Summit Road, Crafers.
Tel: 08-8339 6777
www.mtloftyhouse.com.au
Enjoy regional fare and breathtaking views
at the award-winning Piccadilly Restaurant
Breakfast from 7.30am. Dinner from
6.30pm. Bookings essential

4 Lobethal Bierhaus

3a Main Street, Lobethal.
Tel: 08-8389 5570
www.bierhaus.com.au
Regional meals and food and beer matching
Open Fridays and Saturdays 12pm to 10pm.
Sundays and public holidays 12pm to 6pm.
Or by appointment

5 Locavore

49 Mt Barker Road, Stirling.
Tel: 08-8339 4416
www.thelocavore.com.au
Everything on the menu is produced within
100 kilometres from Locavore, ensuring
customers a fresh, seasonal and regional
food and wine experience.
Open for lunch Wednesday to Monday.
Dinner Wednesday to Saturday. Breakfast
Saturday and Sunday and long weekends

6 The Stirling Hotel

52 Mount Barker Road, Stirling.
Tel: 08-8339 2345
www.stirlinghotel.com.au
Modern Australian cuisine and traditional
hotel dishes featuring seasonal Adelaide
Hills produce and fine Adelaide Hills wines
Bistro open seven days for lunch and dinner,
and all day on weekends from 9am to 9pm.
Bookings not required.
Mallee Grill open for lunch on Friday and
Sunday only, and dinner from Wednesday to
Saturday. Bookings essential

CAFES

7 B.-d. Farm Paris Creek

Paris Creek Road, Paris Creek.
Tel: 08-8388 3339
www.bdfarmpariscreek.com.au
Cafe and cellar door for biodynamic/organic
yogurts, milks, quark, butter and cheeses.
Open weekends and public holidays,
10am to 4pm

8 Fresh Temptations

Balhannah Junction Shopping Centre,
Balhannah. Tel: 08-8388 4272
www.adelaidehillsfood.com.au
Award-winning gourmet pizzas, gluten free,
regional produce
Open Wednesday 3pm to 8.30pm, Thursday
to Sunday from 12.30pm. Closed public
holidays

9 Millies Bakery Cafe

5 Druvids Avenue, Stirling. Tel: 08-8398 3266
59 Main Street, Nairne. Tel: 08-8388 6260
Shop 5, Oak Plaza, 11 Mount Barker Road,
Stirling. Tel: 08-8339 1159
www.milliesbakery.com.au
Regional coffee, cakes and meals
Open weekdays 7am to 5pm, Saturdays
8am to 4pm, Sundays 9am to 4pm

10 The Organic Market and Cafe

5 Druids Avenue, Stirling. Tel: 08-8339 7131
www.organicmarket.com.au
Showcasing regional food vegetarian meals
with a range of cakes, drinks and coffee
Open 364 days a year, 8.30am to 5pm
(kitchen closes 4.30pm)

11 Udder Delights Cheese Cellar and Cafe

91A Main Street, Hahndorf. Tel: 08-8388 1588
www.udderdelights.com.au
Dishes featuring Udder Delights cheeses
and other regional foods
Open daily 9am to 5.30pm

12 Woodbake

73 Mt Barker Road, Stirling. Tel: 08-8339 6757
www.adelaidehillsfood.com.au
French-style breads, pizzas, cakes, pastries
and petit fours from our wood-fired oven.
Open Monday to Friday 10am to 6pm
Thursdays 10am to 8pm, Saturdays 9am to
4pm and closed Sunday and public holidays

13 Woodside Providore

69 Onkaparinga Valley Road, Woodside.
Tel: 08-8389 9510
www.adelaidehillsfood.com.au
Derived from fresh ingredients mainly
local to compliment Adelaide Hills fresh
interpretations of revived old favourites,
new age ingredients and herbs.
Open 7 days, 9am to 5pm, plus Friday nights
for dinner. Bookings recommended.

CELLAR DOORS

14 Abbey Rock Wines

1 Onkaparinga Valley Road, Balhannah.
Tel: 08-8398 0192
www.abbeyrock.com.au
Regional produce platters of dips, cheeses
and cold meats
Open daily 11am to 4.30pm, except
Christmas Day and Good Friday

15 Chain of Ponds Wines

Main Adelaide to Mannum Road,
Gumeracha.
Tel: 08-8389 1415
www.chainofponds.com.au
Meals and regional produce platters
Open weekdays 9.30am to 4.30pm.
Weekends 10am to 4.30pm

16 Hahndorf Hill Winery

Pains Road, Hahndorf.
Tel: 08-8388 7512
www.hahndorffhillwinery.com.au
Lunches at this Tourism Hall of Fame winery
are served on weekends only and feature
scrumptious regional produce.
Open daily 10am to 5pm

17 Howard Vineyard

Lot 1, Bald Hills Road, Nairne.
Tel: 08-8188 0203
www.howardvineyard.com
Regional cheese and dips platters
Open weekdays 12-4pm (daylight saving
12-6pm), weekends 11am-5pm

18 Lobethal Bierhaus

3a Main Street, Lobethal.
Tel: 08-8389 5570
www.bierhaus.com.au
Regional meals and food and beer matching
Open Fridays and Saturdays 12pm to 10pm.
Sundays and public holidays 12pm to 6pm.
Or by appointment

19 Lloyd Brothers Wines and The Olive Grove

94 Main Street, Hahndorf.
Tel: 08-8388 1188
www.theolivegrove.com.au
Wine flights available showcasing regional
produce, matched with our fine wines.
Open Wednesday to Sunday 10am to 5pm
and public holidays

20 Longview Vineyard

Pound Road, Macclesfield.
Tel: 08-8388 9694
www.longviewvineyard.com.au
Regional produce lunches on Sundays only
Open daily 11am to 5pm

21 Nepenthe Wines

Jones Road, Balhannah.
Tel: 08-8388 4439
www.nepenthe.com.au
Regional cheese plate
Open Seven Days 10am to 4pm Closed
Christmas, New Year, Good Friday
Bookings for groups larger than 10 people

22 Shaw + Smith

Jones Road, Balhannah.
Tel: 08-8398 0500
www.shawandsmith.com
Regional cheese platter
Open 11am to 4pm Weekends only
Bookings for groups larger than 10 people

23 Sinclairs Gully Wine, Vineyard and Wildflower Walks

Lot 3 Colonial Drive, Norton Summit.
Tel: 08-8390 1995
www.sinclairsgully.com
Regional produce platters
Open Wednesday to Sunday 12pm to 4pm
(August to May).
Other times by appointment between 9am
and 5pm.
Twilight tastings 4pm-8pm for small groups
(10-20) by appointment.
Closed Christmas and Easter

24 The Lane Vineyard

Ravenswood Lane, Hahndorf.
Tel: 08-8388 1250
www.thelane.com.au
Bistro features fresh, local, seasonal dishes.
Innovative tasting plates at Cellar Door.
Open every day 10-4pm. Bistro available
for function bookings Friday, Saturday and
Sunday evenings

25 Tilbrook Estate

17/1 Adelaide Lobethal Road, Lobethal.
Tel: 08-8389 5318
www.tilbrookestate.com.au
Regional food platters including Woodside
Cheese Wrights cheeses, Baylies crackers,
Paracombe pears and Ripe single serve
apple pies
Open Tuesday to Friday 12pm to 5pm
Weekends and public holidays 11am to
5pm. Closed Good Friday and Christmas Day

Images by Adelaide Hills artist Stephen Trebilcock.
Courtesy of Hill-Smith Fine Art Gallery,
113 Pirie Street, Adelaide. Tel 08 8223 6558

Fabulous adelaidehills *food* Trails

LEGEND

- The Yummy Adelaide Hills Food Trail for Kids
- Taste the Adelaide Hills Food Trail
- Experience Adelaide Hills Food Trail

